





# Activities for August 2017-Morning Activities

Join Us! Community Health Fair Sat. Aug 19th from 9:00-12:00 at 7 Professional Drive Snow Hill  
Event beside Kate B. Reynolds Medical Center-Free & Open to the Public!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Suggestion Box located outside Office Door.	Walk In Activities: Puzzles, Cards, Board Games, Pool Table, Lap Top Computer, Books, Exercise Equipment, Wii, Tablets, Newspapers, Word Search.	1 9:30-Walking Club 10:00-Tai Chi-Class 1 10:00-Smarter than a 5th Grader Trivia Game 11:00-Blood Pressure ✓	2 10:00-Bingo 11:00-Devotional 11:00-Corn Hole	3 9:30-Walking Club 10:00-Watermelon Party National Watermelon Day 10:00-Shuffleboard 10:30- <b>NEW!</b> Medicine Ball Work Out Exercise 11:00-Pool Match	4 10:00-Arts & Crafts 10:00-TOPS Support Group 11:45-Show & Tell	5 
6	7 10:00-Chair Exercise 10:30-Jewelry Making 11:30-Ice Breakers	8 9:30-Walking Club 9:30-Adult Basic Ed 10:00-Tai Chi-Class 2 10:00-Smarter than a 5th Grader Trivia Game	9 10:00-Bingo 11:00-Devotional 11:00-Corn Hole <b>Ensure Pickup Day</b>	10 9:30-Walking Club 10:00-Shuffleboard 10:30-Medicine Ball Work Out Exercise 11:00-Pool Match <b>11:00-GAST Workshop -Parkinson's Disease</b>	11 10:00-Arts & Crafts 10:00-TOPS Support Group 11:45-Show & Tell	12
13 	14 10:00-Chair Exercise 11:00-Jewelry Making 11:30-Ice Breakers	15 9:30-Walking Club 9:30-Adult Basic Ed 10:00-Tai Chi-Class 3 10:00-Smarter than a 5th Grader Trivia Game	16 10:00-Bingo 11:00-Devotional 11:00-Corn Hole	17 9:30-Walking Club 10:00-Shuffleboard 10:30-Medicine Ball Work Out Exercise 11:00-Pool Match	18 10:00-Arts & Crafts 10:00-TOPS Support Group 11:45-Show & Tell	19 9:00- <b>Community Health Fair at Kate B. Reynolds</b>
20	21 10:00-Chair Exercise 11:00-Jewelry Making 11:30-Ice Breakers	22 9:30-Walking Club 10:00-Tai Chi-Class 4 10:00-Smarter than a 5th Grader Trivia Game 11:00-Blood Pressure ✓	23 10:00-Bingo 11:00-Devotional 11:00-Corn Hole	24 9:30-Walking Club 10:00-Shuffleboard 10:30-Medicine Ball Work Out Exercise 11:00-Pool Match	25 10:00-Arts & Crafts 10:00-TOPS Support Group 11:45-Show & Tell	26 
27 	28 10:00-Chair Exercise 11:00-Jewelry Making 11:30-Ice Breakers *Birthday Celebration!	29 9:30-Walking Club 9:30-Adult Basic Ed 10:00-Tai Chi-Class 5 10:00-Smarter than a 5th Grader Trivia Game	30 10:00-Bingo 11:00-Devotional 11:00-Corn Hole	31 9:30-Walking Club 10:00-Shuffleboard 10:30-Medicine Ball Work Out Exercise 11:00-Pool Match *Birthday Celebration	Activities, Menu, Online Newsletter at <a href="http://www.greencountync.gov">www.greencountync.gov</a> Click on Departments, then Senior Services. Annual Financial Report and Current Budget Available in Office.	*Activities are subject to change.




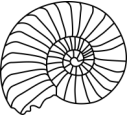






# Activities for August 2017-Afternoon Activities



## Promoting the Health, Well-Being, and Quality of Life for ALL Senior Citizens!

Activities, Menu, & Online Newsletter at [www.greencountync.gov](http://www.greencountync.gov)-Click on Departments, then Senior Services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
	 Find us on: <b>facebook.</b>  <b>Greene County Senior Center &amp; Services</b>	<b>1</b> 1:00- <i>Beginners Crochet Class</i> 2:00-Exercise Orientation for New Members	<b>2</b> 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	<b>3</b> 1:00-Crochet-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class 1	<b>4</b> 3:00-Zumba Gold *Recreation room closes at 3:00 Fridays	<b>5</b> 
<b>6</b>	<b>7</b> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<b>8</b> 1:00- <i>Beginners Crochet Class</i> 2:00-Exercise Orientation for New Members	<b>9</b> 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	<b>10</b> 1:00-Crochet-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class 2	<b>11</b> 3:00-Zumba Gold *Recreation room closes at 3:00 Fridays	<b>12</b>
<b>13</b> 	<b>14</b> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<b>15</b> 1:00- <i>Beginners Crochet Class</i> 2:00-Exercise Orientation for New Members	<b>16</b> 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	<b>17</b> 1:00-Crochet-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class 3	<b>18</b> 3:00-Zumba Gold *Recreation room closes at 3:00 Fridays	<b>19</b> 
<b>20</b>	<b>21</b> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<b>22</b> 1:00- <i>Beginners Crochet Class</i> 2:00-Exercise Orientation for New Members 5:30-Single Mingle Singles Club	<b>23</b> 1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild	<b>24</b> 1:00-Crochet-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class 4	<b>25</b> 1:30-Family Caregiver Support Group Meeting 3:00-Zumba Gold *Recreation Room Closes at 3:00 Fridays	<b>26</b>
<b>27</b> 	<b>28</b> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<b>29</b> 1:00- <i>Beginners Crochet Class</i> 2:00-Exercise Orientation for New Members	<b>30</b> 1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild	<b>31</b> 1:00-Crochet-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class 5	<b>A Partner of</b>  <b>LENOIR/GREENE</b>	 Help starts here.  <b>Free Information Services</b>