



GREENE COUNTY SENIOR CENTER MENU August 2017

104 Greenridge Road Snow Hill, NC 28580

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Turkey, Yams, String Beans, Peaches, Rolls, 2% milk	2 Beef Tips, Rice, Collards, Pineapples, Cornbread, 2 % Milk	3 Baked Pork Chops, Boiled Potatoes, Broccoli, Pears, Rolls, 2 % Milk	4 Meatloaf, Green Lima, Winter Blend, Chocolate Pudding, Rolls, 2 % Milk
7 Ham, Macaroni & Cheese, Mixed Vegetables, Pineapples, Rolls, 2 % Milk	8 Roast Pork, Navy Beans, Collards, Peaches, Rolls, 2 % Milk	9 Spaghetti, Winter Blend, Pears, Garlic Toast, 2 % Milk	10 Fried Chicken, Potato Salad, String Beans, Vanilla Pudding, Rolls, 2 % Milk	11 Meatballs, Mashed Potatoes, Turnips, Oranges, Rolls, 2 % Milk
14 Smoked Sausage, Dry Lima, Cabbage, Vanilla Pudding, White Wheat Bread, 2 % Milk	15 Beef Tips, Rice, Collards, Mixed Fruit, Rolls, 2 % Milk	16 Baked Pork Chops, Whole Potatoes, String Beans, Fruit Cocktail, Biscuits, 2 % Milk	17 Chicken Pot Pie, Yams, Corn, Peaches, Cornbread, 2 % Milk	18 Stew Beef, June Peas, Vanilla Pudding, Rolls, 2 % Milk
21 Hamburger Steak, Mashed Potatoes, Turnips, Pears, Rolls, 2 % Milk	22 BBQ Chicken, Boiled Potatoes, Black Eye Peas, Peaches, Biscuits, 2 % Milk	23 Fish, Baked Beans, Slaw, Oranges, Cornbread, 2 % Milk	24 Baked Pork Chops, Macaroni & Cheese, Peas & Carrots, Mixed Fruit, Rolls, 2 % Milk	25 Chicken Salad, Potato Salad, 3 Bean Salad, V. Pudding, Rolls, 2 % Milk Cold Plate Meal
28 Pepper Steak, Macaroni & Cheese, Field Peas, Applesauce, White Wheat Bread, 2 % Milk	29 Turkey, Yams, String Beans, Peaches, Rolls, 2% Milk	30 Beef Tips, Rice, Collards, Pineapples, Cornbread, 2 % Milk	31 Baked Pork Chops, Boiled Potatoes, Broccoli, Pears, Rolls, 2 % Milk	

***Ask about our Free LUNCH PROGRAM-Meals served at the Senior Center. No Income Limits-if you live in Greene County & are at least age 60, you qualify. For more information about our Senior Nutrition Program, call 252-747-5436.**

***Free Transportation to & from the Senior Center may be Available.**