






# Activities for May 2018-Morning Activities

## May is Older American's Month-Engage at Every Age!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
	Suggestion Box located outside Office Door. Activities, Menu, Online Newsletter, & volunteer opportunities at <a href="http://www.greenecountync.gov">www.greenecountync.gov</a> Click on Departments, then Senior Services.	<b>1</b> <b>8:30-Breakfast-Celebrating Older American's Month</b> 9:30-Walking Club 10:00-Arthritis Exercise 10:00 Living Healthy with Chronic Conditions-Class 4	<b>2</b> 10:00-Bingo <i>10:00-Powerful Tools for Caregivers-Class 5</i> 11:00-Devotional 11:00-Corn Hole	<b>3</b> 9:30-Walking Club 10:30-Medicine Ball 11:00-Pool Match 11:00-Shuffleboard	<b>4</b> 10:00-Slim/Fit Weight Loss Support Group <i>10:00-Powerful Tools for Caregivers-Class 6-last class</i> 10:00-Horseshoes 10:00-Arts & Crafts	
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
	10:00-Arthritis Exercise 10:00 Living Healthy w/ Chronic Conditions-Class 5 11:00-Jewelry Making 11:45-Show & Tell	9:30-Walking Club 10:00-Arthritis Exercise 10:00 Living Healthy w/ Chronic Conditions-Class 6 11:00-Educational Jingo	<b>8:00-Hammock's Beach State Park Field Trip</b> <b>Walking Club</b> 10:00-Bingo 11:00-Devotional 11:00-Corn Hole	9:30-Walking Club 10:30-Medicine Ball 11:00-Pool Match 11:00-Shuffleboard	10:00-Slim/Fit Weight Loss Support Group <b>10:00-50's Day! Contests, Photo Booths, Classic Car &amp; Truck Show</b>	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>Happy Mother's Day!</b>	10:00-Arthritis Exercise 11:00-Jewelry Making <b>11:30-Hurricane Preparedness Workshop</b>	9:30-Walking Club <b>10:00-Aging Planning Committee Meeting</b> 10:00-Arthritis Exercise 11:00-Educational Jingo	10:00-Bingo 11:00-Devotional 11:00-Corn Hole	9:30-Walking Club 10:30-Medicine Ball 11:00-Shuffleboard 11:00-Pool Match <b>11:30-Apricots &amp; Nuts Snack Recipe-Nutrition Workshop</b>	10:00-Slim/Fit Weight Loss Support Group 10:00-Horseshoes 10:00-Arts & Crafts	<b>Armed Forces Day!</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
	10:00-Arthritis Exercise 11:00-Jewelry Making 11:45-Show & Tell	9:30-Walking Club 10:00-Arthritis Exercise 11:00-Educational Jingo	<b>9:00-Pool Tournament Playoffs</b> 10:00-Bingo 11:00-Devotional 11:00-Corn Hole	<b>9:00-Pool Tournament Finalist Rounds</b> 9:30-Walking Club 10:30-Medicine Ball 11:00-Shuffleboard	10:00-Slim/Fit Weight Loss Support Group <b>10:00-Fun Fair! Country Western Day with Games, Dinner on the Grounds, &amp; Contests!</b>	
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
	 <b>Memorial Day! Senior Center Closed!</b>	9:30-Walking Club 10:00-Arthritis Exercise 11:00-Educational Jingo	10:00-Bingo 11:00-Devotional 11:00-Corn Hole	9:30-Walking Club 10:30-Medicine Ball 11:00-Shuffleboard  *Birthday Celebration	Walk In Activities: Puzzles, Cards, Board Games, Pool Table, Books, Exercise Equipment, Wii, Tablets, Newspapers, Word Search. Copy of Current Budget available in Business Office	



# Activities for May 2018-Afternoon Activities



## Promoting the Health, Well-Being, and Quality of Life for ALL Senior Citizens!

Activities, Menu, & Online Newsletter at [www.greencountync.gov](http://www.greencountync.gov)-Click on Departments, then Senior Services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
 Find us on: facebook. Greene County Senior Center & Services	<b>Free Information Service on just about everything</b>   Help starts here.	1:00-Crochet class <b>1</b> 2:00-Exercise Orientation for New Members 3:30-Tai Chi-Class <b>13</b>	<b>2</b> 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	<b>3</b> 1:00-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class <b>14</b>	<b>4</b> *Recreation room closes at 3:00 Fridays <b>7:00-70's Themed Senior Dance &amp; Social DJ Stevie Heath Free Food, Fun, Fellowship</b>	<b>5</b> 
<b>6</b> 	<b>7</b> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<b>8</b> 1:00-Crochet Class 2:00-Exercise Orientation for New Members 3:30-Tai Chi-Class <b>15</b> <b>7:00-Down East Wood Ducks Game Night</b>	<b>9</b> 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	<b>10</b> 1:00-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class <b>16</b>	<b>11</b> *Recreation room closes at 3:00 Fridays	<b>12</b>
<b>13</b> Mother's Day!	<b>14</b> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<b>15</b> 1:00-Crochet Class 2:00-Exercise Orientation for New Members 3:30-Tai Chi-Class <b>17</b> <b>6:00-History Show &amp; Tell with 4-H Clubs &amp; Dementia Live!</b>	<b>16</b> 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	<b>17</b> 1:00-Comfort Mats <b>1:00-Vision Loss Support Group Meeting</b> 1:30-Bridge Club	<b>18</b> *Recreation room closes at 3:00 Fridays	<b>19</b> 
<b>20</b> 	<b>21</b> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<b>22</b> 1:00-Crochet Class 2:00-Exercise Orientation for New Members	<b>23</b> 1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild	<b>24</b> 1:00-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class <b>18</b>	<b>25</b> *Recreation room closes at 3:00 Fridays	<b>26</b>
<b>27</b>	<b>28</b> 	<b>29</b> 1:00-Crochet Class 2:00-Exercise Orientation for New Members 3:30-Tai Chi-Class <b>19</b> <b>5:30-Seniors Singles Club Night Out</b>	<b>30</b> 1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild	<b>31</b> 1:00-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class <b>20</b>	<b>A Partner of</b>  LENOIR/GREENE	