



GREENE COUNTY SENIOR CENTER MENU May 2017
104 Greenridge Road Snow Hill, NC 28580

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Ham, Yams, Green Peas, Pineapples, Roll, 2% Milk	2 Pepper Steak, Mac n Cheese, Field Peas, Applesauce, Whole Wht. Bread, 2% Milk	3 Sm. Sausage, Dry Limas, Cabbage, Mixed Fruit, Roll, 2% Milk	4 Meat Balls, Mashed Pots, Turnips, Orange, Biscuit, 2% Milk	5 Fried Chicken, Pot Salad, String Beans, Pears, Roll, 2% Milk
8 Fried Pork Chop, Navy Beans, Corn, Peaches, Roll, 2% Milk	9 Spaghetti w/ Meatballs, Mixed Veggies, Applesauce, Garlic Toast, 2% Milk	10 Baked Chicken w/ gravy, Boiled Pots, Collards, Mixed Fruit, Biscuit, 2% Milk	11 Trout, Baked Beans, Slaw, Cornbread, Orange, 2% Milk	12 Meatloaf, Green Limas, Winter Blend, Choc Pudding, Roll, 2% Milk
15 Hamburger Steak w/ gravy, Mashed Pots, Turnips, Pears, Roll, 2% Milk	16 Chili w/ Kidney Beans, Corn, Applesauce, Saltines, 2% Milk	17 Roast Pork w/ gravy, Navy Beans, Winter Blend, Peaches, Biscuit, 2% Milk	18 BBQ Chicken, Whole Pots., Field Peas, Banana Pudding, Roll, 2% Milk	19 Beef Tips, Rice, Collards, Pineapples, Cornbread, 2% Milk
22 Chicken Pot Pie, Yams, Corn, Spiced Apples, Roll, 2% Milk	23 Turkey w/ gravy, Mashed Pots, String Beans, Peaches, Biscuit, 2% Milk	24 Chicken-fried Steak, Green Limas, Carrots, Pears, Cornbread, 2% Milk	25 Baked Pork Chops w/ gravy, Mac n Cheese, Mustard Greens, Mixed Fruit, Whole Wht. Bread, 2% Milk	26 Stewed Beef w/ Pots and Veggies, June Peas, Vanilla Pudding, Roll, 2% Milk
29 Senior Center closed for Memorial Day	30 Pepper Steak, Mac n Cheese, Field Peas, Applesauce, Whole Wht. Bread, 2% Milk	31 Sm. Sausage, Dry Limas, Cabbage, Mixed Fruit, Roll, 2% Milk		

***Ask about our Free LUNCH PROGRAM-Meals served at the Senior Center. No Income Limits-if you live in Greene County & are at least age 60, you qualify. For more information about our Senior Nutrition Program, call 252-747-5436.**

***Free Transportation to & from the Senior Center may be Available.**