

GREENE COUNTY SENIOR CENTER MENU NOVEMBER 2016

104 Greenridge Road

Snow Hill, NC 28580

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pepper Steak, Mac n Cheese, Field Peas, Applesauce, Whole Wht. Bread, 2% Milk	2 Sm. Sausage, Dry Limas, Cabbage, Mixed Fruit, Roll, 2% Milk	3 Meat Balls, Mashed Pots, Turnips, Orange, Biscuit, 2% Milk	4 Fried Chicken, Pot Salad, String Beans, Pears, Roll, 2% Milk
7 Fried Pork Chop, Navy Beans, Corn, Peaches, Roll, 2% Milk	8 Spaghetti w/ Meatballs, Mixed Veggies, Applesauce, Garlic Toast, 2% Milk	9 Baked Chicken w/ gravy, Boiled Pots, Collards, Mixed Fruit, Biscuit, 2% Milk	10 Trout, Baked Beans, Slaw, Cornbread, Orange, 2% Milk	11 Meatloaf, Green Limas, Winter Blend, Choc Pudding, Roll, 2% Milk
14 Hamburger Steak w/ gravy, Mashed Pots, Turnips, Pears, Roll, 2% Milk	15 Chili w/ Kidney Beans, Corn, Applesauce, Saltines, 2% Milk	16 Roast Pork w/ gravy, Navy Beans, Winter Blend, Peaches, Biscuit, 2% Milk	17 BBQ Chicken, Whole Pots., Field Peas, Banana Pudding, Roll, 2% Milk	18 Beef Tips, Rice, Collards, Pineapples, Cornbread, 2% Milk
21 Chicken Pot Pie, Yams, Corn, Spiced Apples, Roll, 2% Milk	22 Chicken-fried Steak, Green Limas, Carrots, Pears, Cornbread, 2% Milk	23 Turkey, Gravy, Mashed Potatoes, Dressing, String Beans, Cranberry Sauce, Pecan Pie, Biscuit, 2% Milk Holiday Meal	24 Holiday Senior Center Closed 	25 Holiday Senior Center Closed 
28 Ham, Yams, Green Peas, Pineapples, Roll, 2% Milk	29 Pepper Steak, Mac n Cheese, Field Peas, Applesauce, Whole Wht. Bread, 2% Milk	30 Sm. Sausage, Dry Limas, Cabbage, Mixed Fruit, Roll, 2% Milk		

***Ask about our Free LUNCH PROGRAM-Meals served at the Senior Center. No Income Limits-if you live in Greene County & are at least age 60, you qualify. For more information about our Senior Nutrition Program, call 252-747-5436.**

***Free Transportation to & from the Senior Center may be Available.**