











# Activities for November 2017-Morning Activities

## November is National Family Caregivers Month



North Carolina Family Caregiver Support Program  
Completing the Care






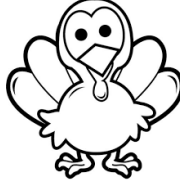




North Carolina Family Caregiver Support Program  
Completing the Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Copy of Current Budget available for view in Office	Walk In Activities: Puzzles, Cards, Board Games, Pool Table, Books, Exercise Equipment, Wii, Tablets, Newspapers, Word Search.		1 10:00-Bingo 11:00-Devotional 11:00-Corn Hole	2 9:30-Walking Club 10:00-Shuffleboard 10:00-Tai Chi 11:00-Pool Match	3 10:00-Arts & Crafts 10:00-TOPS Support Group 11:45-Show & Tell	4
5 Daylight Savings Time Ends-Fall Back	6 10:00-Chair Exercise 11:00-Jewelry Making 11:00-Checkers Match	7 9:30-Walking Club 10:00-Tai Chi 11:00-Educational Jingo 11:00-Blood Pressure ✓	8 Ensure Pickup Day for Enrolled Clients ONLY 9:00AM-Diabetes Community Walk at Greene Co Parks & Recreation Center 10:00-Bingo 11:00-Devotional 11:00-Corn Hole	9 9:30-Walking Club 10:00-Shuffleboard 10:00-Tai Chi 10:00-TOPS Meeting 11:00-Pool Match 11:00-GAST Workshop -Diabetes & the Mind	10 Senior Center Closed in Honor of Veteran's Day!	11 
12	13 10:00-Chair Exercise 11:00-Jewelry Making 11:00-Checkers Match I am Thankful Day-an Advocacy Event for Senior Centers/Services	14 9:30-Walking Club 10:00-Tai Chi 11:00-Educational Jingo	15 10:00-Bingo 11:00-Devotional 11:00-Corn Hole 11:00-BBQ Chicken Plate sale-\$8 per plate for United Way-Ticket Needed	16 9:30-Walking Club 10:00-Shuffleboard 10:00-Tai Chi 11:00-Pool Match	17 10:00-Crafts Class 10:00-TOPS Support Group 11:30-Nutrition Workshop-Healthy Holiday Recipes 12:00-Family Caregiver Support Group Meeting	18
19	20 10:00-Chair Exercise 11:00-Jewelry Making 11:00-Checkers Match	21 9:30-Walking Club 10:00-Chair Exercise 10:00-Aging Planning Committee Meeting 11:00-Educational Jingo	22 10:00-Bingo 11:00-Devotional 11:00-Corn Hole	23 Senior Center Closed 	24 Senior Center Closed Today	25
26 	27 10:00-Chair Exercise 11:00-Jewelry Making 11:00-Checkers Match DECORATE BUILDING FOR CHRISTMAS 	28 9:30-Walking Club 9:30-Adult Basic Ed 10:00-Tai Chi 11:00-Blood Pressure ✓ Open Enrollment Day for Medicare Prescription Plans from 8:00AM-7:00PM-No Appointment Necessary	29 10:00-Bingo 11:00-Devotional 11:00-Corn Hole DECORATE BUILDING FOR CHRISTMAS 	30 9:30-Walking Club 10:00-Shuffleboard 10:30-Medicine Ball Workout Exercise *Birthday Celebration DECORATE BUILDING FOR CHRISTMAS 	Activities, Menu, Online Newsletter at <a href="http://www.greencountync.gov">www.greencountync.gov</a> Click on Departments, then Senior Services. Suggestion Box located outside Office Door.	*Activities are subject to change. 

# Activities for November 2017-Afternoon Activities

## Promoting the Health, Well-Being, and Quality of Life for ALL Senior Citizens!

Activities, Menu, & Online Newsletter at [www.greencountync.gov](http://www.greencountync.gov)-Click on Departments, then Senior Services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
	 Find us on: <b>facebook.</b> Greene County Senior Center & Services	<b>A Partner of</b>  LENOIR/GREENE	<b>1</b> 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	<b>2</b> 1:00-Comfort Mats 1:30-Bridge Club 2:00-Passport to our International Neighbors-Philippines-Nita Smith 3:30-Tai Chi	<b>3</b> *Recreation room closes at 3:00 Fridays	<b>4</b> 
<b>5</b>	<b>6</b> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<b>7</b> 1:00-Beginners Crochet Class 2:00-Exercise Orientation for New Members	<b>8</b> 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	<b>9</b> 1:00-Comfort Mats 1:30-Bridge Club 2:00-Passport to our International Neighbors-Guatemala-Armstrongs 3:30-Tai Chi	<b>10</b> <b>Senior Center Closed in Honor of Veteran's Day</b>	<b>11</b> Veteran's Day!
<b>12</b> 	<b>13</b> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class I am Thankful Day-an Advocacy Event for Senior Centers & Services	<b>14</b> 1:00-Beginners Crochet Class 2:00-Retirement Party for James "Earl" Rodgers	<b>15</b> 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild 3:30-Senior Center Advisory Board Meeting	<b>16</b> 1:00-Comfort Mats 1:30-Bridge Club 2:00-Passport to our International Neighbors-Zimbabwe-Bert Smith 3:30-Tai Chi 6:00-Medicare 101 for the next Generation/ persons younger than 65 -Learn about Medicare	<b>17</b> *Recreation room closes at 3:00 Fridays 	<b>18</b>
<b>19</b>	<b>20</b> 1:00-Wreath Class 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<b>21</b> 1:00-Crochet Class 2:00-Exercise Orientation for New Members	<b>22</b> 1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild	<b>23</b>  <b>Senior Center Closed</b>	<b>24</b> <b>Senior Center Closed Today</b>	<b>25</b>
<b>26</b> 	<b>27</b> 10:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class 5:30-Town of Hookerton Tree Lighting Ceremony & Parade at 6PM	<b>28</b> 1:00-Crochet Class <b>Open Enrollment Day for Medicare Prescription Plans until 7:00PM -No Appointment Necessary</b>	<b>29</b> 1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild DECORATE BUILDING FOR CHRISTMAS 	<b>30</b> 1:00-Comfort Mats 1:30-Bridge Club 2:00-Passport to our International Neighbors-India-Amy Driver DECORATE BUILDING FOR CHRISTMAS!	 Help starts here. <b>Free Information Services</b>	