




# Activities for September 2017-Morning Activities

## September is Senior Center Month: Masters of Aging




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Suggestion Box located outside Office Door.	Walk In Activities: Puzzles, Cards, Board Games, Pool Table, Lap Tops, Books, Exercise Equipment, Wii, Tablets, Newspapers, Word Search.	Activities, Menu, Online Newsletter at <a href="http://www.greencountync.gov">www.greencountync.gov</a> Click on Departments, then Senior Services.	*Activities are subject to change. Annual Financial Report and Current Budget Available in Office		1 10:00-Arts & Crafts 10:00-TOPS Support Group 11:45-Show & Tell	2
3	4 <b>Senior Center Closed for Labor Day!</b>	5 9:30-Walking Club 10:00-Tai Chi-Class 11:00-Educational Jingo 11:00-Blood Pressure ✓	6 10:00-Bingo 11:00-Devotional 11:00-Corn Hole	7 9:30-Walking Club 10:00-Shuffleboard 10:30-Medicine Ball Work Out Exercise 11:00-Pool Match	8 10:00-Arts & Crafts 10:00-TOPS Support Group 11:45-Show & Tell	9
10 10:00-Chair Exercise 11:00-Jewelry Making <b>*National Day of Service &amp; Remembrance Day Project-Collecting supplies for the Animal Shelter through Sept. 29th</b>	11 9:30-Walking Club 10:00-Tai Chi-Class 11:00-Educational Jingo <b>SHRED A THON-Free &amp; Opened to the Public from 11:00-1:00</b>	12 10:00-Bingo 11:00-Devotional 11:00-Corn Hole <b>11:00-Hot Dog Sale Alzheimer NC-Combo Meal-\$6 Ensure Pick Up Day (Clients Enrolled in the Program only)</b>	13 9:30-Walking Club 10:00-Shuffleboard 10:30-Medicine Ball Work Out Exercise 11:00-Pool Match <b>11:00-GAST Workshop -Post Traumatic Stress Disorder</b>	14 <b>9:00-National Advocacy Day Breakfast with Peer Panel &amp; Officials-Medicare Savings Programs Information</b> 10:00-TOPS Support Group	15	16
17 10:00-Chair Exercise 11:00-Jewelry Making	18 9:30-Walking Club 10:00-Group Exercise <b>10:00-Aging Planning Board Meeting</b> 11:00-Educational Jingo	19 10:00-Bingo 11:00-Devotional 11:00-Corn Hole <b>State Senior Games Competition Raleigh</b>	20 9:00-12:00-Free Hearing Screenings-DHHS 9:30-Walking Club 10:00-Shuffleboard 10:30-Medicine Ball 11:00-Pool Match <b>State Senior Games</b>	21 10:00-Arts & Crafts 10:00-TOPS Support Group <b>11:00-Falls Awareness Workshop</b> First Day of Fall! <b>State Senior Games &amp; Silver Arts Competition Raleigh</b>	22	23
24 10:00-Chair Exercise 11:00-Jewelry Making <b>*Group Leaves for Savannah Senior Trip</b>	25 9:30-Walking Club 9:30-Adult Basic Ed 10:00-Chair Exercise 11:00-Educational Jingo 11:00-Blood Pressure ✓	26 10:00-Bingo 11:00-Devotional 11:00-Corn Hole	27 9:30-Walking Club 10:00-Shuffleboard 10:30-Medicine Ball Work Out Exercise 11:00-Pool Match	28 10:00-Arts & Crafts 10:00-TOPS Support Group 11:45-Show & Tell <b>*Birthday Celebration</b>	29	30

# Activities for September 2017-Afternoon Activities

## Promoting the Health, Well-Being, and Quality of Life for ALL Senior Citizens!

Activities, Menu, & Online Newsletter at [www.greencountync.gov](http://www.greencountync.gov)-Click on Departments, then Senior Services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
	 Find us on: <b>facebook.</b>  <b>Greene County Senior Center &amp; Services</b>	<b>A Partner of</b>  <b>LENOIR/GREENE</b>	<small>DIAL</small>  Help starts here. <b>Free Information Services</b>	September Senior Center Month- Senior Centers: <b>Masters of Aging</b> 	<div style="text-align: right; font-size: 2em;"><b>1</b></div> *Recreation room closes at 3:00 Fridays	<div style="text-align: right; font-size: 2em;"><b>2</b></div>
<div style="font-size: 2em;"><b>3</b></div>	 <b>Senior Center Closed</b>	<div style="text-align: right; font-size: 2em;"><b>5</b></div> 1:00-Simply Natural Dairy Farm Tour No Exercise Orientation Today	<div style="text-align: right; font-size: 2em;"><b>6</b></div> 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	<div style="text-align: right; font-size: 2em;"><b>7</b></div> 1:00-Crochet-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi	<div style="text-align: right; font-size: 2em;"><b>8</b></div> *Recreation room closes at 3:00 Fridays <b>7:00-Senior Dance &amp; Social-Team Spirit</b>	<div style="text-align: right; font-size: 2em;"><b>9</b></div>
<div style="font-size: 2em;"><b>10</b></div> Grandparents Day!	<div style="text-align: right; font-size: 2em;"><b>11</b></div> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<div style="text-align: right; font-size: 2em;"><b>12</b></div> 1:00-Beginners Crochet Class 2:00-Exercise Orientation for New Members <b>5:30-Single Mingle Singles Club Meeting</b>	<div style="text-align: right; font-size: 2em;"><b>13</b></div> 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	<div style="text-align: right; font-size: 2em;"><b>14</b></div> 1:00-Crochet-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi	<div style="text-align: right; font-size: 2em;"><b>15</b></div> 3:00-Zumba Gold Classes Resume *Recreation room closes at 3:00 Fridays	<div style="text-align: right; font-size: 2em;"><b>16</b></div>
	<div style="text-align: right; font-size: 2em;"><b>18</b></div> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<div style="text-align: right; font-size: 2em;"><b>19</b></div> 1:00-Beginners Crochet Class 2:00-Exercise Orientation for New Members <b>3:30-Senior Center Advisory Board Mt.</b>	<div style="text-align: right; font-size: 2em;"><b>20</b></div> 1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild	<div style="text-align: right; font-size: 2em;"><b>21</b></div> 1:00-Crochet-Comfort Mats 1:30-Bridge Club No Tai Chi	<div style="text-align: right; font-size: 2em;"><b>22</b></div> 1:30-Family Caregiver Support Group Meeting 3:00-Zumba Gold *Recreation Room Closes at 3:00 Fridays	<div style="text-align: right; font-size: 2em;"><b>23</b></div>
<div style="font-size: 2em;"><b>24</b></div>	<div style="text-align: right; font-size: 2em;"><b>25</b></div> 1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	<div style="text-align: right; font-size: 2em;"><b>26</b></div> 1:00-Beginners Crochet Class 2:00-Exercise Orientation for New Members	<div style="text-align: right; font-size: 2em;"><b>27</b></div> 1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild	<div style="text-align: right; font-size: 2em;"><b>28</b></div> 1:00-Crochet-Comfort Mats 1:30-Bridge Club No Tai Chi	<div style="text-align: right; font-size: 2em;"><b>29</b></div> 3:00-Zumba Gold *Recreation room closes at 3:00 Fridays	<div style="text-align: right; font-size: 2em;"><b>30</b></div>